

## Rev. Louisa A. Dyer, MA

828-484-8969

Masters in Holistic Psychology; 30 years clinical experience info@louisadyer.com; www.louisadyer.com & theWOWProcess.com

## Wholistic Spiritual Counseling & Intuitive Services

**QUESTIONNAIRE** - please complete & return before 1st session

Name:	Birthdate:	Today's date:
Address:		
Landline/Fax: Cell:	Email:	:
Job Title with Brief Description:		
Feel free to write all you'd	d like to, using anothe	er page if desired
1. Briefly describe your spiritual practice and/or list	the personal growth too	ls regularly used.
2. List at least 10 words/phrases that describe who ye	ou know yourself to be.	
3. Allow yourself to get quiet and comfortable, then	answer the question: "W	hat do I most desire?"
4. Again, get quiet and look within to truthfully answ	wer, "What do I most fea	r?"
5. Now list or describe the activities that you enjoy, a	and do, on a regular basis	S.
6. What do you really enjoy yet seldom participate in	n?	
7. Any relevant diagnostic history or previous therap	py issues you're willing to	o share?
8. What do you hope to receive from our work toget	her?	